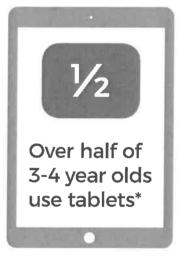# Online safety tips for parents of pre-school children
## 0-5 Year Olds

## Checklist

☑ **Put yourself in control**
Make use of the parental controls available on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or by visiting internetmatters.org.

☑ **Search safely**
Use safe search engines such as swiggle.org.uk or kids-search.com. Safe search settings can also be activated on Google and other search engines as well as YouTube. You can find out more at google.co.uk/safetycentre.

☑ **Set boundaries**
It's never too early to start setting rules about when and for how long your child can use devices and start to introduce the subject of internet safety at the same time. Encourage children to use devices in a communal area, keep other devices out of reach and use passwords so they can't go online without asking you first.

**Pre-school children are online for an average of 71 minutes a day***

**½**
Over half of 3-4 year olds use tablets*

☑ **Explore together**
Set your homepage to a child-friendly site such as CBeebies and give them a user account which only allows access to sites and apps you've chosen.

☑ **Help them learn through games**
Games are a great way for young children to explore the internet and learn about the world around them. You can choose safe, fun and educational games free of charge from providers such as Fisher Price or about their favourite characters like Peppa Pig.

**Children can now have a digital footprint before they learn to speak and often before they're even born.**

Internet Matters is a free online resource for every parent in the UK. We'll show you the best ways to protect you children online as they grow up – with information, advice and support on all the big e-safety issues.

**internet matters.org**

*Source. Ofcom Children and parents: media use and attitudes report 2016